



Health and Wellness Promotion - UNC Asheville

NC Community College A.A. Degree

I. Universal General Education Transfer Component (UGETC) - 31-32 SH

English Composition (6 SH)

ENG 111	Writing & Inquiry (3)
ENG 112	Writing/Research in the Disciplines (3)

Humanities/Fine Arts/Communication (9 SH)

COM 231	Public Speaking (3)
ART 111	Art Appreciation (3)
ART 114	Art History Survey I (3)
ART 115	Art History Survey II (3)
ENG 231	American Literature I (3)
ENG 232	American Literature II (3)
MUS 110	Music Appreciation (3)
MUS 112	Introduction to Jazz (3)
PHI 215	Philosophical Issues (3)
PHI 240	Introduction to Ethics (3)

*** Recommend one each from ART/MUS/PHI

Social/Behavioral Sciences (9 SH)

ECO 251	Prin of Microeconomics (3)
ECO 252	Prin of Macroeconomics (3)
HIS 111 ***	World Civilizations I (3)
HIS 112 ***	World Civilizations II (3)
HIS 131	American History I (3)
HIS 132	American History II (3)
POL 120	American Government (3)
PSY 150	General Psychology (3)
SOC 210	Introduction to Sociology (3)

Mathematics (4 SH)

MAT 143	Quantitative Literacy (3)
MAT 152 **	Statistical Methods I (4)
MAT 171	Precalculus Algebra (4)

Natural Sciences (4 SH)

AST 111 + 111A	Descriptive Astronomy & Lab (4)
AST 151 + 151A	General Astronomy I & Lab (4)
BIO 110	Principles of Biology (4)
BIO 111	General Biology I (4)
CHM 151	General Chemistry I (4)
GEL 111	Introductory Geology (4)
PHY 110 + 110A	Conceptual Physics (4)

II. Additional General Education - 13-14 SH

Recommended:

GenEd:ARA/ASL/CHI/FRE/GER/ITA/JPN/LAT/POR/RUS /SPA 111 *	2nd Language I (3)
GenEd:ARA/ASL/CHI/FRE/GER/ITA/JPN/LAT/POR/RUS /SPA 112 *	2nd Language II (3)
GenEd/UGETC: Natural Science ***	Nat Sci (3)
GenEd/UGETC: HIS 112 ***	World Civ II (3)
GenEd/UGETC: Elective, if needed	Elective (3)

Total for All General Education	45 SH
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III. Other Required Hours - 15 SH

ACA 122	College Trans.Success (1)
Major: BIO 155 **	Nutrition (3)
Major: BIO 168 **	Anat & Physiology I (4)
Major: BIO 169 **	Anat & Physiology II (4)
Elective	Elective (3)

* Courses fulfill UNC Asheville's 2nd Language requirement

** Course fulfills a major requirement

*** Recommended, based on alignment with UNC Asheville's General Education



Health and Wellness Promotion - UNC Asheville			
NC Community College Sample Four-Year Plan - A.A. Degree			
Semester 1 – CC	CH	Semester 2 – CC	CH
UGETC/ECO/POL/PSY/SOC	3	UGETC: HIS 111***	3
UGETC: ENG 111	3	UGETC: ENG 112	3
UGETC/Major: MAT 152**	4	GenEd: 2nd Language I *	3
Major: BIO 155 **	3	UGETC: Natural Science	4
ACA 122	1	UGETC: ART/MUS/PHI	3
	14		16
Semester 3 – CC	CH	Semester 4 - CC	CH
UGETC: ART/MUS/PHI	3	UGETC: ART/MUS/PHI	3
UGETC: HIS 112***	3	GenEd: Nat Sci Elective	3
GenEd: 2nd Language II *	3	GenEd: Elective	3
Major: BIO 168 **	4	Major: BIO 169 **	4
Elective	3	Elective	1
	16		14
Semester 5 – UNC Asheville	CH	Semester 6 – UNC Asheville	CH
HWP 190	3	HWP 224	3
HWP 223	3	HWP 250	3
HWP (from catalog list)	3	HWP (from catalog list)	3
HUM 324	4	Diversity Intensive	3
Elective	3		3
	16		15
Semester 7 – UNC Asheville	CH	Semester 8 – UNC Asheville	
HWP 310	3	HWP 459	3
HWP 335	3	HWP 455	3
HWP 345, 350, 380 or 499	3	HWP (from catalog list)	3
HUM 414 or LA 478	4	Elective	3
Elective	3	Elective	3
	16		15
			122